# TestoQuench<sup>™</sup> for Women Hormone Specific Formulation<sup>™</sup>

#### **DESCRIPTION**

TestoQuench<sup>™</sup> for Women, provided by Douglas Laboratories® is a *Hormone Specific Formulation*<sup>™</sup> of antiandrogens and androgen antagonists. This combination is designed to support the healthy function of skin, hair, heart, breasts, vagina and other testosterone sensitive tissues in women.†

Hormone Specific Formulation™ provided by Douglas Laboratories® and formulated by Dr Joseph J Collins, is created to support the optimal function of specific hormones through the use of hormone specific adaptogens, hormone specific agonists and hormone specific functional mimetics. This formulation may be used to as part of a hormone health program with dietary and nutrient support. In addition, this formulation may be used by clinicians as an adjuvant to support optimal hormone health in patients who have been prescribed bioidentical hormone therapies.

### **FUNCTIONS**

TestoQuench<sup>™</sup> for Women is a synergistic combination of phytoantiandrogens designed to restore healthy hormone balance by calming and supporting the ideal function of testosterone sensitive tissues.

Phytoantiandrogens are a class of phyto-compounds that decrease tissue sensitivity to androgens or decrease androgen activity, predominantly through the action of 5-alpha-reductase inhibition, which decreases conversion of testosterone to the more androgenic dihydrotestosterone.

The synergistic combination of specific herbs in TestoQuench support important functions associated with optimal testosterone health in women:

- Restore and promote normal, healthy androgen functions†
- Supports healthy blood lipid levels†
- Promotes healthy immune function, supporting inflammation†
- Helps normalize the function of skin, heart, breasts, vagina, brain and other tissues sensitive to testosterone†
- Supports healthy brain function, memory, and cognition, enhances mood while promoting tranquility†

#### INDICATIONS

TestoQuench for Women may be a useful dietary adjunct for women wishing to support testosterone sensitive tissues and healthy testosterone levels.

### FORMULA (#201352)

Other ingredients: Hydroxypropyl methylcellulose (capsule), cellulose, vegetable stearate and silica.

### SUGGESTED USE

As a dietary supplement, adults may take **2** capsules each day with food for **1 to 2 weeks** or as directed by your healthcare professional. The dose may then be increased to **4** capsules each day with food for **2 to 4 months** or as directed by your healthcare professional. **After 2 to 4 months**, dosage may be lowered back

### **TestoQuench™ for Women**

## Hormone Specific Formulation™

down to **2** capsules each day with food and may continue on that dosage as needed or as directed by your healthcare professional.

### SIDE EFFECTS

WARNING: Not to be used by pregnant or nursing women

#### **STORAGE**

Store in a cool, dry place, away from direct light. Keep out of reach of children.

#### REFERENCES

Godhwani S, Godhwani JL, Vyas DS. Ocimum sanctum: an experimental study evaluating its anti-inflammatory, analgesic and antipyretic activity in animals. J Ethnopharmacol. 1987 Nov;21(2):153-63. Gulcin I, Kufrevioglu OI, Oktay M, Buyukokuroglu ME. Antioxidant, antimicrobial, antiulcer and analgesic activities of nettle (Urtica dioica L.). J Ethnopharmacol. 2004 Feb;90(2-3):205-15.

Gupta A, Gupta R, Lal B. Effect of Trigonella foenum-graecum (fenugreek) seeds on glycaemic control and insulin resistance in type 2 diabetes mellitus: a double blind placebo controlled study. J Assoc Physicians India. 2001 Nov;49:1057-61.

Kelm MA, Nair MG, Strasburg GM, DeWitt DL. Antioxidant and cyclooxygenase inhibitory phenolic compounds from Ocimum sanctum Linn. Phytomedicine. 2000 Mar;7(1):7-13.

Mavi A, Terzi Z, Ozgen U, Yildirim A, Coskun M. Antioxidant properties of some medicinal plants: Prangos ferulacea (Apiaceae), Sedum sempervivoides (Crassulaceae), Malva neglecta (Malvaceae), Cruciata taurica (Rubiaceae), Rosa pimpinellifolia (Rosaceae), Galium verum subsp. verum (Rubiaceae), Urtica dioica (Urticaceae). Biol Pharm Bull. 2004 May;27(5):702-5.

Paubert-Braquet M, Cave A, Hocquemiller R, Delacroix D, Dupont C, Hedef N, Borgeat P. Effect of Pygeum africanum extract on A23187-stimulated production of lipoxygenase metabolites from human polymorphonuclear cells. J Lipid Mediat Cell Signal. 1994 May;9(3):285-90.

Prager N, Bickett K, French N, Marcovici G. A randomized, double-blind, placebo-controlled trial to determine the effectiveness of botanically derived inhibitors of 5-alpha-reductase in the treatment of androgenetic alopecia. J Altern Complement Med. 2002 Apr;8(2):143-52.

## For more information on TestoQuench™ visit douglaslabs.com

Hormone Specific Formulation<sup>™</sup> is a trademark of Your Hormones, Inc.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by Douglas Laboratories 600 Boyce Road Pittsburgh, PA 15205 800-245-4440 douglaslabs.com



You trust Douglas Laboratories.
Your patients trust you.