

# BEAUTY BY DL

# OMEGA BEAUTY

## HYDRATES AND NOURISHES HAIR, NAILS AND SKIN<sup>‡</sup>

CO-FORMULATED BY SHELENA LALJI, M.D.<sup>†</sup>

**OMEGA BEAUTY** contains a unique combination of clinically studied essential fatty acids and a blend of coriander seed oil, black currant seed oil and lycopene, to hydrate and nourish hair, nails, and skin.<sup>‡</sup>



**SUPPORTS** skin hydration<sup>‡</sup>



**PROMOTES** hair thickness and density<sup>‡</sup>



**IMPROVES** nail strength and reduces brittleness<sup>‡</sup>

**IN AS EARLY AS ONE MONTH, INDIVIDUALS WHO SUPPLEMENTED WITH THE COMBINATION OF INGREDIENTS IN OMEGA BEAUTY SAW IMPROVEMENTS IN SKIN HYDRATION.<sup>‡\*</sup>**



## INGREDIENT RESEARCH

- **Fish oil and black currant oil** are rich in the polyunsaturated fatty acids **omega-3** and **omega-6**, respectively. Studies show that both oils support skin defenses against environmental exposures and support collagen synthesis.<sup>‡</sup>
- **Lycopene** supplementation has been shown to produce a skin-rejuvenating effect, more closely resembling a younger skin profile. It has also been shown to regulate indicators of oxidative stress, suggesting that it may support the skin's defenses against environmental stressors.<sup>‡</sup>
- **Vitamin C** supplementation has been shown to support skin health, wrinkle reduction, and collagen synthesis by mediating the generation of radicals while providing antioxidant protection.<sup>‡</sup>
- **Vitamin E** is transported to the skin surface by the sebaceous glands and protects skin barrier function with its antioxidant activity.<sup>‡</sup>
- Clinical studies have shown that individuals who supplemented with 600 mg of **coriander seed oil** saw increased hair thickness and density compared to placebo.<sup>‡</sup>

<sup>†</sup>Dr. Shelena Lalji is a retained advisor to Douglas Laboratories.

<sup>\*</sup>Ingredients used in this study: omega-3 triglyceride concentrate, black currant oil, lycopene, vitamins C and E

**THERE'S SCIENCE IN BEAUTY™**

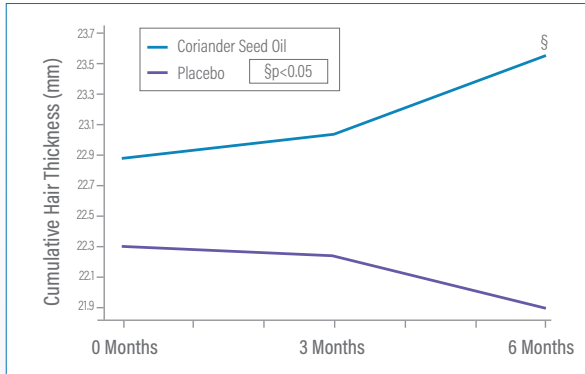
<sup>‡</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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## THE SCIENCE IN BEAUTY

### IMPROVEMENT IN HAIR THICKNESS<sup>‡</sup>

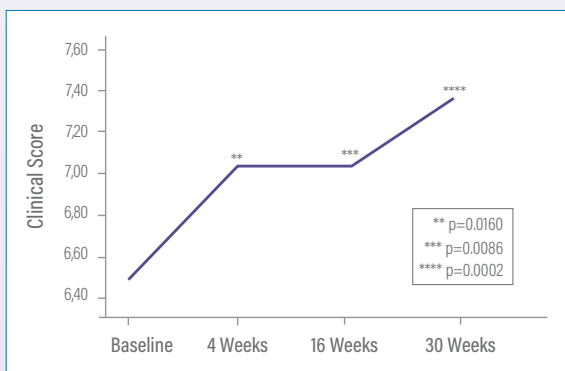


**Coriander seed oil has been clinically shown to support healthy hair by significantly improving hair thickness and density.** Cumulative hair thickness per area (mm/cm<sup>2</sup>) was measured using TrichoScan® to quantitatively analyze magnified images of designated scalp areas.

In clinical trials, individuals who supplemented with 600 mg of coriander seed oil had an increase in cumulative hair thickness after six months, compared to placebo,  $p < 0.05$ .<sup>‡</sup>

Internal Data DUND-100275. Lausanne, Switzerland. 2014.

### IMPROVEMENT IN SKIN HYDRATION<sup>‡</sup>



**Individuals who supplemented had an increase in clinical score, which indicated an improvement in skin moisture.\*** The clinical score of skin hydration was assessed on a visual analogue scale, a measurement instrument for subjective analysis of characteristics given by a score between 1 and 10, with a higher score indicating hydrated skin. After four and 16 weeks of supplementation, individuals who supplemented had an increase in their average clinical score when compared to baseline,  $p = 0.0160$  and  $p = 0.0086$ , respectively. The greatest effect was measured after 30 weeks of supplementation, which included the winter season occurring between weeks 16 and 30, compared to baseline,  $p = 0.0002$ .<sup>‡</sup>

Internal Data IN-04-03. Laboratoires INNÉOV - Courbevoie, France. 2006.

## PRODUCT DETAILS

SUGGESTED USAGE: 2 DAILY (PL)

Serving Size 2 Softgels

Servings Per Container 30

### Amount Per Serving

Calories	15
Total Fat	1.5 g
Vitamin C (as ascorbic acid)	30 mg
Vitamin E (as d-alpha tocopherol)	5 mg
Coriander Seed Oil	600 mg
Providing:	
Petroselinic acid	360 mg
Omega-3 Triglyceride Concentrate	500 mg
Providing:	
EPA (eicosapentaenoic acid)	200 mg
DHA (docosahexaenoic acid)	100 mg
Black Currant Seed Oil	500 mg
Providing:	
GLA (gamma linolenic acid)	70 mg
Lycopene	1 mg

Other ingredients: Glycerin, gelatin, yellow beeswax, purified water, annatto (for color), sunflower lecithin

**Contains:** Fish Oil (anchovies, sardines, mackerel)

Formula	Size
202576	60 Softgels

(PL) Denotes private label-eligible formula

THE UNIQUE COMBINATION OF INGREDIENTS IN OMEGA BEAUTY WERE SHOWN TO **IMPROVE SKIN MOISTURE RETENTION, DECREASE ITCHINESS, AND REDUCE NAIL BRITTLENESS.\***

FOR ADDITIONAL HAIR SUPPORT, CONSIDER TAKING IN COMBINATION WITH **HAIR GROWTH+<sup>‡</sup>**

\*Ingredients used in this study: omega-3 triglyceride concentrate, black currant oil, lycopene, vitamins C and E

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