

Zeaxanthin is sourced from OPTISHARP® Natural brand. OPTISHARP® Natural is a trademark of DSM.

STORE IN A COOL, DRY PLACE.
Recommendations: As a dietary supplement, take 3 capsules, 1–2 times daily, with meals.
Warning: Not to be taken by pregnant or lactating women. Vitamin K may be contraindicated with Coumadin (Warfarin). If you have any health condition or are taking any medication, particularly blood thinning medication, consult your health professional before use.

Keep out of the reach of children.



Use only if safety seal is intact.
 Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.
 Certified Gluten-Free by the Gluten-Free Certification Organization, www.gluten.org



Men's Nutrients

Multivitamin/mineral complex for men over 40†

Gluten-free, Non-GMO & Hypoallergenic Dietary Supplement

180 CAPSULES



Supplement Facts

Serving size 3 capsules
 Servings per container 60

	Amount Per Serving	% DV
Vitamin A (as beta carotene)	1,125 mcg	125%
Vitamin C (as ascorbic acid)	125 mg	139%
Vitamin D (as cholecalciferol (D ₃))	12.5 mcg (500 IU)	63%
Vitamin E (as d-alpha tocopherol succinate)	34 mg	223%
Vitamin K (as vitamin K ₁)	50 mcg	42%
Thiamin (as thiamin HCl) (B ₁)	12.5 mg	1,042%
Riboflavin (as vitamin B ₂ and 28% riboflavin 5' phosphate (activated B ₂))	174 mg	1,335%
Niacin (as niacin and 67% niacinamide)	38 mg	234%
Vitamin B ₆ (as pyridoxine HCl and 40% pyridoxal 5' phosphate (activated B ₆))	10.4 mg	612%
Folate (as Metafolin® L5-MTHF) (400 mcg L5-MTHF)	667 mcg DFE	167%
Vitamin B ₁₂ (as methylcobalamin)	250 mcg	10,417%
Biotin	400 mcg	1,333%
Pantothenic acid (as calcium pantothenate) (B ₅)	25 mg	500%

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate

ChromeMate® brand niacin-bound chromium. ChromeMate® is a registered trademark of InterHealth, N.I.

Choline (as choline bitartrate)	20 mg	4%
Calcium (as calcium citrate)	100 mg	8%
Iodine (as potassium iodide)	100 mcg	67%
Magnesium (as magnesium citrate)	100 mg	24%
Zinc (as zinc citrate)	75 mg	68%
Selenium (from selenium yeast)	100 mcg	182%
Manganese (as manganese citrate)	1 mg	43%
Chromium (as chromium polynicotinate)	100 mcg	286%
Potassium (as potassium citrate)	50 mg	1%
Boron (as boron glycinate)	1 mg	*
Vanadium (as bis-glycinato oxo vanadium)	50 mcg	*
Proprietary mixed carotenoid blend (as lutein, lycopene, zeaxanthin)	212 mcg	*
Inositol	62.5 mg	*
Alpha lipoic acid	375 mg	*
MacularSynergy Complex®		
FloraGLO® lutein	3 mg	*
Zeaxanthin	500 mcg	*
ProstaProtect Plus®		
Saw palmetto (<i>Serenoa repens</i>) extract (fruit) (standardized to contain 45% total fatty acids)	160 mg	*

Pygeum (<i>Pygeum africanum</i>) extract (bark) (standardized to contain 2.5% total sterols)	25 mg	*
Lycopene	500 mcg	*
Green tea (<i>Camellia sinensis</i>) leaf (standardized to contain 65% total tea catechins and 23% epigallocatechin gallate (EGCG))	25 mg	*
Cardio Polyphenol Complex®		
Red wine grape (<i>Vitis vinifera</i>) concentrate (whole fruit) (standardized to contain 25% total polyphenols)	50 mg	*
Grape (<i>Vitis vinifera</i>) extract (seed) (standardized to contain 92% polyphenols)	50 mg	*
Pomegranate (<i>Punica granatum</i>) extract (whole fruit) (standardized to contain 40% punicosides)	25 mg	*
EnduraBoost Blend®		
Maca (<i>Lepidium meyenii</i>) extract (tuber)	100 mg	*
Astragalus (<i>Astragalus membranaceus</i>) extract (root)	50 mg	*

*Daily value (DV) not established

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by: **Pure Encapsulations**
 490 Boston Post Road, Sudbury, MA
 1-800-753-2277 www.PureEncapsulations.com
 code: **MENNI** v2