STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1-4 capsules daily. Consume with food.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional

Keep out of the reach of children.



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Magnesium (citrate)

Supports cardiometabolic, neurocognitive and musculoskeletal health‡

Gluten-free, Non-GMO & Hypoallergenic

Dietary Supplement 90 CAPSULES



Supplement	nent	Facts
Serving size 1 capsule Servings per container 90	0	
A	Amount Per Serving	ving %DV
Magnesium (as magnesium citrate)	150 mg	mg 36%

Other ingredients: vegetarian capsule (cellulose, water), ascorby! palmitate

%Daily value (DV)