

Recommendations: As a dietary supplement, take 1 capsule, 1-2 times daily, with meals. Warning: Not to be taken by pregnant or

lactating women. If you have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.







Indole-3-Carbinol 400 mg

Supports cellular health‡

Gluten-free, Non-GMO & Hypoallergenic

Dietary Supplement (GF) **60 CAPSULES**



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This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured by: **Pure Encapsulations** 490 Boston Post Road, Sudbuy, MA 1-800-753-2277 www.PureEncapsulations.c