

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 capsule with each meal.

Warning: Not to be taken by pregnant or lactating women. Vitamin K may be contraindicated with Coumadin (Warfarin). If you have any health condition or are taking any medication, particularly blood thinning medication, consult your health professional before use.

Keep out of the reach of children.



Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Scan to learn about our hypoallergenic supplements

Certified Gluten-Free by the Gluten-Free Certification Organization, www.gluten.org



pure
encapsulations®

GlutenAssure
Multivitamin

Multivitamin/mineral complex for individuals avoiding gluten*

Gluten-free, Non-GMO & Hypoallergenic

Dietary Supplement

90 CAPSULES



Supplement Facts

	Amount Per Serving	%DV	Amount Per Serving	%DV
Serving size	1 capsule		3 capsules	
Servings per container	90		90	
Vitamin A	500 mcg	96%	1,500 mcg	187%
(as vitamin A acetate and as 20% beta carotene)				
Vitamin C (as ascorbic acid)	33 mg	37%	100 mg	111%
Vitamin D	8.3 mcg	42%	25 mcg	125%
(as cholecalciferol) (D)	(333 IU)		(1,000 IU)	
Vitamin E	6.6 mg	45%	20 mg	134%
(as d-alpha tocopherol succinate)				
Vitamin K (as vitamin K1)	30 mcg	25%	90 mcg	75%
Vitamin K (as thamin HCl) (B)	3.3 mcg	275%	10 mcg	833%
Riboflavin (as riboflavin and 90% riboflavin-5-phosphate (activated B))	1.3 mg	100%	4 mg	308%
Niacin (as niacin and 75% niacinamide)	6.6 mg	41%	20 mg	125%
Vitamin B6	8.3 mg	488%	25 mg	1,471%
(as pyridoxine HCl and 50% pyridoxal-5-phosphate (activated B))				
Folate (as Metafolin® L5-MTHF)	333 mcg DFE	83%	1,000 mcg DFE	250%
(200 mcg L5-MTHF)	(600 mcg L5-MTHF)			
Vitamin B12	333 mcg	13,875%	1,000 mcg	41,667%
(as methylcobalamin and 50% cyanocobalamin)				
Biotin	33 mcg	110%	100 mcg	333%

Other ingredients: vegetarian capsule (cellulose, water), hypoallergenic plant fiber (cellulose)

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Pantothenic acid (as calcium pantothenate) (B)	2 mg	40%	6 mg	120%
Choline (as choline bitartrate)	10 mg	2%	30 mg	5%
Calcium (as dicalcium malate) (DimaCa®)	50 mg	4%	150 mg	12%
Iodine (as potassium iodide)	50 mcg	33%	150 mcg	100%
Magnesium (as di-magnesium malate) (Ablon®)	50 mg	12%	150 mg	36%
Zinc (as zinc picolinate)	5 mg	45%	15 mg	136%
Selenium (as selenomethionine) (23 mcg)	42%	70 mcg	127%	
Copper (as copper bisglycinate) (2.3 mcg)	33%	1 mg	111%	
Manganese (as manganese citrate)	6.8 mg	36%	2.5 mg	103%
Chromium (as chromium picolinate)	33 mcg	94%	100 mcg	286%
Vitamin K1 (menaquinone-7)	10 mcg	+	30 mcg	+
Inositol	10 mg	+	30 mg	+
FFOXGLD (Lutein)	866 mcg	+	2 mg	+
SLOXIN® (Boswellia serrata extract Indian frankincense (Boswellia serrata extract (gum resin) (standardized to contain 30% 3-acetyl-11-keto-beta-boswellic acid (AKBA))	33 mg	+	100 mg	+
Soleras® G	28,000 FSI	+	83,000 FSI	+
Prolyl Endopeptidase				

*Daily value (DV) not established

Tolerase® G is a trademark of DSM.
SLOXIN® is a registered trademark of PL Thomas - Laila Nutra, LLC and is used under license. International Patents Pending.

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FFOXGLD is a registered trademark of Mecko (Glab, Darmstadt, Germany).

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code: **GAM9**