

EstroMend™
Hormone Specific Formulation™

DESCRIPTION

EstroMend™, provided by Douglas Laboratories®, is a synergistic blend of herbs that support healthy estrogen receptor function, healthy metabolism of estrogens, and functional mimetics of estrogen. This soy-free combination is designed to support healthy estrogen function in bone, heart, brain, breasts, vagina and other estrogen sensitive tissues.†

FUNCTIONS

EstroMend™ is a *Hormone Specific Formulation™* formulated by Dr Joseph J Collins and provided by Douglas Laboratories®, created to safely support the optimal function of estrogen through the use of hormone specific adaptogens, hormone specific agonists and hormone specific functional mimetics. This formula may be used as part of a hormone health program with dietary and nutrient support. In addition, this formula may be used by clinicians as an adjuvant to promote optimal hormone health in patients who have been prescribed bioidentical hormone replacement therapies.

Pueraria & *Trifolium* provide isoflavones that support 2-hydroxylation, glucose utilization and bone health. Phytoestrogens that mimic the functions of estrogens without proliferative actions, include *Cimicifuga*, *Humulus*, and *Salvia* which support and minimize the changes and symptoms that are sometimes experienced during menopause. The phytoestrogens found in Dong Quai also help to increase vaginal lubrication by maintaining mucus tissue health.

Adaptogens with nootropic and neuroprotective properties such as *Bacopa*, *Centella*, *Salvia* and *Schisandra* support cognition, memory and the facilitation of learning; functions associated with optimal estrogen function.

INDICATIONS

EstroMend™ may be a useful dietary supplement for individuals who wish to support healthy estrogen function and help to mitigate symptoms associated with low estrogen levels.

FORMULA (#201353-120X)

Serving size.....2 capsules.....4 capsules
 Proprietary Blend..... 1,390 mg..... 2,780 mg
 Pueraria root Extract (*Pueraria montana*, *Pueraria lobata*, standardized to 40% isoflavones), Red Clover Extract (*Trifolium pratense*, stem, leaves, and flowers, standardized to 8% biocannins), Bacopa Extract (*Bacopa monnieri*, aerial parts, standardized to 20% bacosides), Gotu Kola Extract (*Centella asiatica*, leaf, standardized to 10% asiaticosides), Hops Extract (*Humulus lupulus*, strobiles, standardized to 5% alpha bitter acids), Dong Quai root Extract (*Angelica sinensis*, standardized to 1% ligustilides), Schizandra fruit Extract (*Schizandra chinensis*, standardized to 9% schisandrins), Sage leaf (*Salvia officinalis*).
 Black Cohosh Extract 50 mg.....100 mg
 (*Cimicifuga racemosa*, root and stem, standardized to 8% triterpene glycosides)

Other ingredients: Hydroxypropyl methylcellulose (vegetarian capsule), cellulose, vegetable stearate and silica.

SUGGESTED USE

As a dietary supplement, adults may take **2 capsules** each **evening** with food for 1 to 2 weeks or as directed by your healthcare professional.

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The dose may then be increased to **4** capsules each **evening** with food for 2 to 4 months or as directed by your healthcare professional.

After 2 to 4 months, dosage may be lowered back down to **2** capsules each **evening** with food and may continue on that dosage as needed or as directed by your healthcare professional.

WARNING: If you are pregnant or nursing, or if you are taking bioidentical hormone replacement therapy, consult your healthcare professional before using this supplement.

SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

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For more information on EstroMend™ visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

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Your patients trust you.**