



# Digestion GB

INTRODUCED 2007

## What Is It?

Digestion GB contains a unique mix of digestive enzymes, bile salts, taurine and herbal extracts to promote healthy gallbladder function and fat utilization, in addition to general digestive function.\*

## Uses For Digestion GB

**Liver and Gallbladder Support:** The metabolism of fats involves emulsification and digestion in a complex process that requires healthy liver, gallbladder and pancreas function. Milk thistle, curcumin and taurine promote liver and gallbladder health and stimulate production and secretion of bile acids.\*

**Promote Digestion:** Bile acids, also provided in the form of ox bile extract, support the emulsification of fats necessary for digestion. The digestive enzymes included in this formula are active in a broad pH range to support fat, carbohydrate and protein digestion to complement pancreatic enzyme activity. This formula has enhanced lipase for extra fat digestion support.\*

## What Is The Source?

Lipase, protease and amylase are derived from microbial fermentation. Ox bile extract is bovine derived and standardized to contain 45-65% total cholic acids. Taurine is synthetic. Milk thistle extract is derived from *Silybum marianum* fruit and standardized to contain 80% silymarin. Turmeric extract is derived from *Curcuma longa* root and standardized to contain 95% curcuminoids. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil. Hypo-allergenic plant fiber is derived from pine cellulose.

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## Recommendations

Pure Encapsulations recommends 1-2 capsules with each meal.

## Are There Any Potential Side Effects Or Precautions?

In rare cases, curcumin or milk thistle may cause gastrointestinal upset. Milk thistle should be avoided by individuals with allergies to members of the aster (*Compositae/Asteraceae*) family, daisies, artichoke, kiwi or thistle. Curcumin should be used with caution in individuals with bile duct obstruction. If pregnant or lactating, consult your physician before taking this product.

## Are There Any Potential Drug Interactions?

Some studies have reported that milk thistle and curcumin can affect the way that the liver breaks down medications metabolized by the cytochrome p450 system, altering the effects of these medications and possibly the doses needed for treatment. Curcumin may be contraindicated with blood thinning medications. Consult your physician for more information.

### Digestion GB

two vegetable capsules contain  0

n•zimes™ (proprietary blend).....	160 mg
providing:	
lipase .....	6,000 FIP
protease .....	16,000 HUT
amylase .....	600 DU
ox bile extract (bovine) .....	225 mg
taurine (free-form) .....	250 mg
milk thistle ( <i>Silybum marianum</i> ) extract (fruit) .....	150 mg
(standardized to contain 80% silymarin)	
turmeric ( <i>Curcuma longa</i> ) extract (root) .....	100 mg
(standardized to contain 95% curcuminoids)	
ascorbyl palmitate (fat-soluble vitamin C) .....	20 mg
(hypo-allergenic plant fiber added to complete capsule volume requirement)	
<b>1-2 capsules with each meal.</b>	

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.

