

Relora-Plex

Unique Botanical Blend for Healthy Mental Support*

DESCRIPTION

Relora-Plex, provided by Douglas Laboratories, is a unique blend containing two patent-pending herbal extracts, specifically designed to support normal mental functioning during stress and anxiety.*

FUNCTIONS

Cortisol, a hormone produced in the adrenal glands, plays an important role in the body's regulation of cardiovascular function and fat, protein and carbohydrate utilization. When the body experiences stress, cortisol secretion increases, thus causing a breakdown of muscle protein and the release of amino acids to form glucose via gluconeogenesis. The resulting higher level of glucose in the body, combined with the decreased use of glucose by other tissues in the body, ensures that the brain is receiving adequate energy. Continuing research indicates that stress and anxiety can have a significant impact on the body's health and wellbeing. While cortisol secretion is an important part of the body's response to stress, the prolonged secretion of cortisol can have detrimental effects to the proper functioning of the body's cardiovascular, immune, neurological and metabolic systems. Relora® is a patent-pending combination of two herbal extracts of Magnolia and Phellodendron bark (Asian cork tree). Both herbs have been used in Traditional Chinese Medicine for several hundred years. In a human study, 82% of the participants taking Relora® agreed with the statement that: "Relora® helps control... irritability, emotional ups and downs, restlessness, tense muscles, poor sleep, fatigue, and concentration difficulties."* † Relora® was found not to cause sedation, though 74% of the patients had more restful sleep. *† Additionally, no adverse side effects were reported during the trial. A second human trial studied the effects of Relora® on salivary dehydroepiandrosterone (DHEA) and cortisol levels in patients with mild to moderate stress. The effects of stress on the body are sometimes associated with lower levels of DHEA and higher levels of cortisol. Two weeks of Relora® increased salivary DHEA by 227% and decreased total salivary cortisol by 37%.† Both hormones were brought into the normal range.* †

INDICATIONS

Relora-Plex may be a useful dietary supplement for individuals wishing to support normal mental functioning with a unique herbal blend.

FORMULA (#98739)

2 Vegetarian Capsules Contain:

Relora®	500 mg
(a proprietary blend of patent-pending plant extracts from Magnolia officinalis and Phellodendron amurense bark)	
Vitamin B-1	10 mg
Vitamin B-2	10 mg
Niacinamide	10 mg
Vitamin B-6	10 mg
Vitamin B12	100 mcg
Folic Acid	200 mcg

Relora® is a trademark of Next Pharmaceuticals, Inc

SUGGESTED USE

Adults take 2 capsules daily or as directed by physician.

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SIDE EFFECTS

Warning: If you are pregnant or breastfeeding, or if you are taking any prescription medication, consult a physician prior to use. Excessive consumption may impair ability to drive or operate heavy machinery. Not recommended for consumption with alcoholic beverages.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

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Schulz P, Kurschbaum C, Prubner J, Hellhammer D. Stress Medicine 1998; 14:91-97.

Garrison R, Chambliss WG. Altern Ther Health Med. 2006 Jan-Feb;12(1):50-4.

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For more information on Relora-Plex visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by
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**You trust Douglas Laboratories.
Your patients trust you.**

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