# G.F.S.-2000 Capsules™

**Green food supplement** 

## DESCRIPTION

G.F.S.-2000 Capsules<sup>™</sup>, provided by Douglas Laboratories<sup>®</sup>, is a concentrated, all-natural blend of premium grass and vegetable powders, botanical extracts, as well as pre- and probiotics.

## **FUNCTIONS**

G.F.S.-2000 Capsules<sup>™</sup> provide a wide variety of vitamins, minerals, enzymes, antioxidants, essential amino acids, and other important phytonutrients. Grasses and several varieties of microalgae supply chlorophyll, carotenes, B-vitamins, and trace elements. Cruciferous vegetables, broccoli and cauliflower, offer protective sulforophane compounds known for their ability to induce phase 2 detoxifying enzymes. Probiotic cultures provide friendly bacteria for the gastrointestinal tract and are nourished by fructooligosaccharides that selectively feed beneficial colonic microorganisms. Flavonoid-rich plant extracts, lecithin, and other nutrient-dense foods offer a variety of additional benefits, including antioxidant activity.

## **INDICATIONS**

G.F.S.-2000 Capsules<sup>™</sup> may be a useful dietary supplement for those who wish to supplement their diet with this concentrated phytonutrient blend of grasses, vegetables, botanicals, and probiotics for general health.

## **FORMULA (#7704)**

Nine capsules contain:	
Vitamin A (100% as beta-carotene)	6,500 IU
Green Food Supplement	4,750 mg
Providing:	
Wheat Grass Juice Powder	200 mg
Barley Grass Juice Powder	200 mg
Alfalfa Grass Juice Powder	
Green Papaya	200 mg
Blue Green Algae:	-
Spirulina	400 mg
Chlorella (cracked cell)	400 mg
Broccoli (freeze-dried powder)	400 mg
Cauliflower (freeze-dried powder)	
Lecithin (Soya, with Phosphatidylcholine)	
Wheat Sprout Powder	
Acerola Berry Juice Powder	150 mg
Beet Juice Powder	100 mg
Spinach Powder	
Green Tea Extract	25 mg
Milk Thistle	25 mg
(Silybum marianum , 80% silymarin)	
Ginkgo biloba	20 mg
(24% ginkgoflavonglycosides, 6% terpenes)	
Bilberry	20 mg
Grape Seed Extract(supplying proanthocyanidins)	20 mg
Probiotic Cultures	5 billion C.F.U.
(as Lactobacillus acidophilus [DDS-1], L. rhamnosus,	
L. bifidus, S. lactis, Bifidobacterium longum,	
B. bifidum and Streptococcus thermophilus)	
Fructooligosaccharides (FOS)	500 mg
NutraFlora™	

1

# G.F.S.-2000 Capsules™

#### Green food supplement

In a base of Apple Pectin, Bromelain (flower stem, pineapple plants), Parsley, Celery and Watercress Other ingredients: Gelatin (bovine, capsule), vegetable stearate

### SUGGESTED USE

Adults take 9 capsules daily in divided doses, or as directed by a healthcare professional.

# SIDE EFFECTS

No adverse effects have been reported

## STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

## REFERENCES

Ahmad N, Mukhtar H. Green tea polyphenols and cancer: biologic mechanisms and practical implications. Nutr Rev 1999;57:78-83.

Bomser J, Madhavi DL, Singletary K, Smith MA. In vitro anticancer activity of fruit extracts from Vaccinium species. Planta Med 1996;62:212-6.

Clapper ML, Szarka CE, Pfeiffer GR, Graham TA, Balshem AM, Litwin S, Goosenberg EB, Frucht H, Engstrom PF. Preclinical and clinical evaluation of broccoli supplements as inducers of glutathione S-transferase activity. Clin Cancer Res 1997;3:25-30.

Flora K, Hahn M, Rosen H, Benner K. Milk thistle (Silybum marianum) for the therapy of liver disease [see comments]. Am J Gastroenterol 1998;93:139-43.

Goldin BR. Health benefits of probiotics. Br J Nutr 1998;80:S203-7.

Hecht SS. Chemoprevention of cancer by isothiocyanates, modifiers of carcinogen metabolism. J Nutr 1999;129:768S-774S.

Kleijnen J, Knipschild P. Ginkgo biloba [see comments]. Lancet 1992;340:1136-9.

Paper DH. Natural products as angiogenesis inhibitors. Planta Med 1998;64:686-95.

Riva S, Monti D, Luisetti M, Danieli B. Enzymatic modification of natural compounds with pharmacological properties. Ann N Y Acad Sci 1998;864:70-80.

Shapiro TA, Fahey JW, Wade KL, Stephenson KK, Talalay P. Human metabolism and excretion of cancer chemoprotective glucosinolates and isothiocyanates of cruciferous vegetables. Cancer Epidemiol Biomarkers Prev 1998;7:1091-100.

Smith PF, Maclennan K, Darlington CL. The neuroprotective properties of the Ginkgo biloba leaf: a review of the possible relationship to platelet-activating factor (PAF). J Ethnopharmacol 1996;50:131-9. Taylor GR, Williams CM. Effects of probiotics and prebiotics on blood lipids. Br J Nutr 1998;80:S225-30.

### For more information on G.F.S.-2000 Capsules™ visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by Douglas Laboratories 600 Boyce Road Pittsburgh, PA 15205 800-245-4440 douglaslabs.com



You trust Douglas Laboratories. Your patients trust you.

© 2013 Douglas Laboratories. All Rights Reserved