

G.F.S.-2000™ Powder
Green food supplement

DESCRIPTION

G.F.S.-2000™ Powder, provided by Douglas Laboratories®, is a concentrated, all-natural blend of premium grass and vegetable powders, botanical extracts, as well as pre- and probiotics.

FUNCTIONS

G.F.S.-2000™ Powder provides a wide variety of vitamins, minerals, enzymes, antioxidants, essential amino acids, and other important phytonutrients. Young grasses and several varieties of microalgae supply chlorophyll, carotenes, B-vitamins, and trace elements. Cruciferous vegetables, broccoli and cauliflower, offer protective sulfurophane compounds known for their ability to induce phase 2 detoxifying enzymes. Probiotic cultures provide friendly bacteria for the gastrointestinal tract and are nourished by fructooligosaccharides that selectively feed beneficial colonic microorganisms. Flavonoid-rich plant extracts, lecithin, and other nutrient-dense foods offer a variety of additional benefits, including antioxidant activity.

INDICATIONS

G.F.S.-2000™ Powder may be a useful dietary supplement for those who wish to supplement their diet with this concentrated phytonutrient blend of grasses, vegetables, botanicals, and probiotics

FORMULA (#7703)

Two Scoops contain:

Vitamin A (as 100% beta-carotene) 13,000 IU
 Green Food Supplement..... 19,000 mg

Providing:

Wheat Grass Juice Powder 800 mg
 Barley Grass Juice Powder..... 800 mg
 Alfalfa Grass Juice Powder..... 800 mg
 Green Papaya..... 800 mg

Blue Green Algae:

Spirulina 1600 mg
 Chlorella (cracked cell) 1600 mg
 Broccoli (freeze-dried powder)..... 1600 mg
 Cauliflower (freeze-dried powder)..... 1600 mg
 Lecithin (Soya, with Phosphatidylcholine)..... 4,000 mg
 Wheat Sprout Powder..... 800 mg
 Acerola Berry Juice Powder..... 600 mg
 Beet Juice Powder 400 mg
 Spinach Powder..... 1000 mg
 Green Tea Extract..... 100 mg
 Milk Thistle 100 mg

(*Silybum marianum* , 80% silymarin)

Ginkgo biloba 80 mg
 (24% ginkgo flavon glycosides, 6% terpenes)

Bilberry..... 80 mg
 Grape Seed Extract 80 mg
 Probiotic Cultures..... 20 billion C.F.U.
 (as *Lactobacillus acidophilus* [DDS-1], *L. rhamnosus*,
L. bifidus, *Bifidobacterium lactis*, *B. longum*,
B. bifidum and *Streptococcus thermophilus*)
 Fructooligosaccharides (FOS) 2000 mg

G.F.S.-2000™ Powder

Green food supplement

SUGGESTED USE

Adults mix 2 scoops daily with 8 ounces of juice or water or as directed by a healthcare professional

SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

Ahmad N, Mukhtar H. Green tea polyphenols and cancer: biologic mechanisms and practical implications. *Nutr Rev* 1999;57:78-83.

Bomser J, Madhavi DL, Singletary K, Smith MA. In vitro anticancer activity of fruit extracts from *Vaccinium* species. *Planta Med* 1996;62:212-6.

Clapper ML, Szarka CE, Pfeiffer GR, Graham TA, Balshem AM, Litwin S, Goosenberg EB, Frucht H, Engstrom PF. Preclinical and clinical evaluation of broccoli supplements as inducers of glutathione S-transferase activity. *Clin Cancer Res* 1997;3:25-30.

Flora K, Hahn M, Rosen H, Benner K. Milk thistle (*Silybum marianum*) for the therapy of liver disease [see comments]. *Am J Gastroenterol* 1998;93:1394-1395. (continued on reverse)

Goldin BR. Health benefits of probiotics. *Br J Nutr* 1998;80:S203-7.

Hecht SS. Chemoprevention of cancer by isothiocyanates, modifiers of carcinogen metabolism. *J Nutr* 1999;129:768S-774S.

Kleijnen J, Knipschild P. Ginkgo biloba [see comments]. *Lancet* 1992;340:1136-9. Paper DH. Natural products as angiogenesis inhibitors. *Planta Med* 1998;64:686-95.

Riva S, Monti D, Luisetti M, Danieli B. Enzymatic modification of natural compounds with pharmacological properties. *Ann N Y Acad Sci* 1998;864:70-80.

Shapiro TA, Fahey JW, Wade KL, Stephenson KK, Talalay P. Human metabolism and excretion of cancer chemoprotective glucosinolates and isothiocyanates of cruciferous vegetables. *Cancer Epidemiol Biomarkers Prev* 1998;7:1091-100.

Smith PF, MacLennan K, Darlington CL. The neuroprotective properties of the Ginkgo biloba leaf: a review of the possible relationship to platelet-activating factor (PAF). *J Ethnopharmacol* 1996;50:131-9.

For more information on G.F.S.-2000™ Powder visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205
800-245-4440
douglaslabs.com



**You trust Douglas Laboratories.
Your patients trust you.**