

## **Ayur-Guggulipid**

### **A Standardized Ayurvedic Oleo-gum-resin**

#### **DESCRIPTION**

Ayur-Guggulipid capsules, provided by Douglas Laboratories, contain 250 mg of guggul extract, standardized to a minimum of 2.5 percent guggulsterones Z and E, key active lipid sterol compounds in guggul.

#### **FUNCTIONS**

Guggul is an oleo-gum-resin, a secretion that is emitted from incisions in the bark of the Commiphora mukul tree. This small tree found throughout India has a variety of uses in traditional ayurvedic medicine. Today, guggul extract is increasing being used to support cardiovascular health. Guggul extract also serves as an antioxidant and may support normal vascular function. Guggulipid Extract is a concentrated source of guggulsterones Z and E, ketonic steroid compounds that are responsible for many of the health benefits associated with guggul extract. Guggulipid Extract contains many other active constituents, including resin, volatile oils, and gums.

#### **INDICATIONS**

Guggulipid Extract capsules may be a beneficial nutritional supplement for individuals who wish to obtain the natural properties of this standardized extract.

#### **FORMULA (#7674)**

1 Capsule contains:

Guggul gum (Commiphora mukul), dried extract, min. 2.5% guggulsterones Z and E ..... 250 mg

#### **SUGGESTED USE**

Adults take 1 capsule 2-4 times daily or as directed by physician.

#### **SIDE EFFECTS**

No adverse side effects have been reported.

#### **STORAGE**

Store in a cool, dry place, away from direct light. Keep out of reach of children.

#### **REFERENCES**

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**For more information on Ayur-Guggulipid visit [douglaslabs.com](http://douglaslabs.com)**

† These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

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Your patients trust you.**

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