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Manufactured by:
Douglas Laboratories
600 Boyce Road • Pittsburgh, PA 15205 USA
www.douglaslabs.com • 1.800.245.4440

This product contains NO yeast, wheat, gluten, soy, corn, sodium, sugar, starch, artificial coloring, artificial preservatives, artificial flavoring, or genetically modified ingredients (GMOs).

Suggested Usage: As a dietary supplement, adults take 2 softgels daily or as directed by your healthcare professional.

WARNING: If you are pregnant, nursing, have any health condition or taking any medication, consult your health care practitioner before using this product.

KEEP OUT OF REACH OF CHILDREN.
For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #202260

QUELL FISH OIL

EFA Plus

A Dietary Supplement



60 Softgels

Supplement Facts

Serving Size 2 Softgels • Servings Per Container 30

Amount Per Serving	%DV
Calories	10
Calories from Fat	10
Total Fat	1 g 2% [†]

Vitamin A (as retinyl palmitate)	500 IU	10%
Vitamin C (as ascorbic acid)	50 mg	83%
Vitamin D3 (as cholecalciferol)	1,000 IU	250%
Vitamin B6 (as pyridoxine HCl)	25 mg	1250%
Magnesium	100 mg	25%
(from magnesium glycinate)		

Omega-3 Supercritical CO ₂ Triglyceride Concentrate	750 mg	*
Providing:		
EPA (Eicosapentaenoic acid)	340 mg	*
DHA (Docosahexaenoic acid)	220 mg	*
GLA (from organic borage seed oil)	100 mg	*
Astaxanthin	1.5 mg	*

*Daily Value (DV) not established.

[†]Percent DV based on a 2,000 calorie diet

Other ingredients: Sunflower lecithin, beeswax, capsule (gelatin from fish [tilapia], glycerin, water, carb).

This product contains fish oil (anchovies, sardines, mackerel)

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This product contains NO yeast, wheat, gluten, milk/dairy, corn, soy, sodium, sugar, starch, artificial coloring, artificial preservatives, artificial flavoring, or genetically modified organisms (GMOs).

Suggested Usage: As a dietary supplement, adults take 3 capsules daily or as directed by your healthcare professional.

Cynatine® HNS is a registered trademark of Roxlor, LLC.
Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

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Formula #201345

Ultra HNS

Hair, Nails, Skin Formula

A Dietary Supplement



90 Vegetarian Capsules

Supplement Facts

Serving Size 3 Vegetarian Capsules
Servings Per Container 30

Amount Per Serving	%DV
Vitamin C	250 mg 417%
(as Ascorbic Acid)	
Folate	200 mcg 50%
(as L-Methylfolate, Metafolin®)	
Biotin	6,000 mcg 2,000%
Zinc (Krebs®)	25 mg 167%

Cynatine® HNS	500 mg	*
(soluble keratin)		
PASA	75 mg	*
(Para-Aminobenzoic Acid)		
Lemon Bioflavonoid Complex	75 mg	*

*Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose (capsule), dicalcium phosphate, cellulose, vegetable stearate and silica

[†]Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.