Executive Stress™
Nutrients to boost the body’s defenses against stress

DESCRIPTION
Executive Stress Formula™, provided by Douglas Laboratories, is a synergistic and comprehensive combination of vitamins, minerals, enzymes, herbals, and other nutrients, carefully formulated and specifically designed to support and boost the function of the body’s defenses against stress.

FUNCTIONS
Studies show that a high percentage of adults in North America and other developed countries eat less than the minimum daily allowance of 10 or more essential nutrients. Adequate amounts and proper balance of these nutrients are needed not only for maintaining good health, but also for the dietary management of the body’s structure as well as the optimum functioning of its various systems, including the immune system. Executive Stress Formula™ has been carefully developed to contain the right proportions of vitamins, minerals, trace elements, and other nutrients without danger of toxic build-up or of side effects. Each ingredient is selected in consideration of its absorbability, competitive relationship with other nutrients, allergenic potential, and long-term safety. Certain nutrients such as beta-carotene, vitamin C, vitamin E and B-complex vitamins are included in high-potency amounts because of the vital roles they play in antioxidant protection, energy production and maintenance of healthy blood cells, nervous system, hormonal balance, and more. Minerals and trace elements are provided in their safest and most bioavailable forms.

Executive Stress Formula™ contains not only the base formula of Douglas Laboratories’ Ultra-Specific Nutrition 2000 Series™ that offers intensive support for the healthy functioning of the body in general, but also a blend of herbs and additional nutrients specifically formulated to offer additional fortification of the body’s defenses against oxidative assaults to the structure and function of our body’s metabolic systems including its immune system. Scientific research has shown the oxidative damage to the structure and function of the body’s tissues, associated with the stresses of modern life, can be attenuated by the various nutrients included in Executive Stress Formula™ such as vitamin E, vitamin C, coenzyme Q-10, reduced glutathione, proanthocyanidins of red grapes, and the herb Silybum marianum. Additionally, citrus bioflavonoids, vitamin E, vitamin C, zinc, and selenium provide potent protection against oxidative damage to the structure and function of blood vessels.

INDICATIONS
Executive Stress Formula™ tablets may be a useful dietary supplement for those who wish to boost their body’s defenses against stress.

FORMULA (#4541)
Four Tablets Contain:
500 mg Blend of:
Ginkgo biloba Extract (minimum 24% ginkgoflavonglycosides and 6% terpenes), Silymarin (from Silybum marianum), Lemon Bioflavonoids, Brown Rice Protein Concentrate (hydrolyzed, digestibility 96%), Betaine HCl, L-Glycine, N-Acetyl-L-Cysteine, SOD/Glutathione Peroxidase (Young Wheat Sprouts), L-Methionine, Coenzyme Q-10, Proanthocyanidins (Red Wine Grapes), Glutamic Acid and L-Glutathione (Reduced)
Vitamin A..................................................................................20,000 IU
(25% as Vitamin A Palmitate/75% [15,000 IU] as Beta-Carotene)
Vitamin C (Ascorbic Acid).........................................................1,000 mg
Vitamin D-3..................................................................................50 IU
Vitamin E (as Vitamin E Succinate) ............................................200 IU
Thiamine (as Thiamine HCl) ......................................................50 mg
Riboflavin.................................................................................25 mg
Niacin/Niacinamide...................................................................120 mg
Vitamin B-6.................................................................................25 mg
(as Pyridoxine HCl/Pyridoxal-5-Phosphate Complex)
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Folic Acid ........................................................................800 mcg
Vitamin B-12 (on Ion Exchange Resin) ..........................100 mcg
Biotin ...............................................................................300 mcg
Pantothenic Acid ............................................................150 mg
(as d-Calcium Pantothenate)
Calcium ..........................................................................300 mg
(from Calcium Citrate/Ascorbate Complex)
Magnesium .....................................................................300 mg
(from Magnesium Aspartate/Ascorbate Complex)
Zinc (from Zinc Aspartate Complex) ..............................20 mg
Selenium .........................................................................200 mcg
(Organic Selenium from Krebs† Cycle and Kelp)
Copper (from Copper Amino Acid Chelate) ...................2 mg
Manganese .....................................................................15 mg
(from Manganese Aspartate Complex)
Chromium .......................................................................200 mcg
(Organically bound with GTF activity-low allergenicity)

SUGGESTED USE
Adults take 4 tablets daily with meals or as directed by a healthcare professional.

SIDE EFFECTS
No adverse side effects have been reported.

STORAGE
Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES
Makabi-Panza B, Sprott GD, Patel GB. Coenzyme Q10 in vesicles composed of archaeal ether lipids or conventional lipids enhances the immuno-adjuvanticity to encapsulated protein. Vaccine 1998;16:1504-10.
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For more information on Executive Stress™ visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.