## Seleno-Methionine

### DESCRIPTION

Selenium is a natural antioxidant that supports the immune system and healthy blood flow.<sup>‡</sup>

#### INDICATIONS

- Support for antioxidant activity<sup>‡</sup>
- Support for immune health<sup>‡</sup>

### FUNCTIONS AND MECHANISM OF ACTION

Selenium protects normal cell function by supporting the body's natural defenses and scavenging free radicals. It serves as an essential cofactor for glutathione peroxidase, thioredoxin reductase and various selenoproteins that maintain antioxidant defenses. Selenium is also essential for iodine metabolism and thyroid hormone production. Selenium is required for the production of certain prostaglandins, which promote healthy blood flow. In addition, several clinical trials report that supplementation with selenium provides support for the immune system.<sup>‡</sup>

## **FORMULA (#202758)**

Serving Size 1 Vegetarian Capsule:

Other Ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose (capsule), ascorbyl palmitate

Gluten-free, Non-GMO

#### SUGGESTED USE

As a dietary supplement, adults take 1 capsule daily or as directed by your health professional.

#### WARNING

If you are pregnant, nursing, have any health condition or taking any medication, consult your health professional before using this product.

Keep out of reach of children.

## **STORAGE**

Store in a cool, dry place, away from direct light. Use only if safety seal is intact.

### REFERENCES

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# For more information on Seleno-Methionine, visit douglaslabs.com

<sup>‡</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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