

Pyridoxal-5-Phosphate

Activated Vitamin B₆

DESCRIPTION

Vitamin B₆ is offered in its activated form, pyridoxal-5-phosphate.

INDICATIONS

- Support for energy metabolism[‡]
- Support for neurological health[‡]

FUNCTIONS AND MECHANISM OF ACTION

Pyridoxal-5-phosphate is the active metabolite of pyridoxine and is the predominant form of plasma B₆. Pyridoxal-5-phosphate is beneficial to a number of physiological functions, providing a wide range of nutritional support. Pyridoxal-5-phosphate is an important coenzyme in the metabolism of carbohydrates, fats and proteins and the elongation of essential fatty acids. It is required for proper absorption of vitamin B₁₂. Pyridoxal-5-phosphate is also required for the production of antibodies and for healthy red blood cell function. Vitamin B₆ supports neurological health by playing an important role in nerve impulse transmissions and neurotransmitter synthesis.[‡]

FORMULA (#202750)

Serving Size 1 Vegetarian Capsule:

Vitamin B₆ (as pyridoxal-5-phosphate)..... 50 mg

Other Ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose (capsule), ascorbyl palmitate

Gluten-free, Non-GMO

SUGGESTED USE

As a dietary supplement, adults take 1 capsule, 1-2 times daily or as directed by your health professional.

WARNING

If you are pregnant, nursing, have any health condition or taking any medication, consult your health professional before using this product.

Keep out of reach of children.

STORAGE

Store in a cool, dry place, away from direct light. Use only if safety seal is intact.

REFERENCES

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For more information on Pyridoxal-5-Phosphate, visit douglaslabs.com

‡These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

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